

Square and Star September, 2009

Cutting

6 1/2 inch Center Square

Fabric A

Cut 4, 4 1/4 x 4 1/4 inch squares

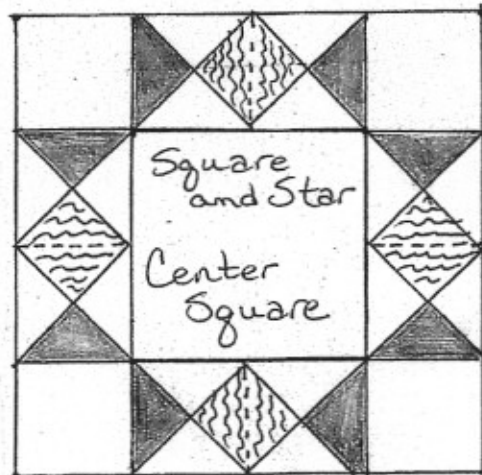
Cut 4, 3 1/2 x 3 1/2 inch squares

Fabric B

Cut 2, 4 1/4 x 4 1/4 inch squares

Fabric C

Cut 2, 4 1/4 x 4 1/4 inch squares



Piecing

Step 1 Draw a diagonal line (corner to corner) on wrong side of each Fabric A 4 1/4" square. With right sides together, place 1 Fabric A square on top of one Fabric B square. Stitch seam 1/4" from each side of drawn line.

Step 2 Cut along drawn line and press open to make 2 **Triangle-Squares**. Repeat with remaining 4 1/4" squares to make 4 Fabric B **Triangle Squares** and 4 Fabric C **Triangle Squares**.

Step 3 On wrong side of Fabric B **Triangle Squares**, extend drawn line from corner of Fabric A triangle to corner of Fabric B triangle.

Step 4. Match 1 Fabric B **Triangle-Square** and 1 Fabric C **Triangle-Square** with A and B Triangles facing Fabric A triangles and marked unit on top. Stitch 1/4" seam on each side of drawn line. Cut apart on drawn line to make 2 **Hourglass Units**. Make 8 **Hour Glass Units**.



Fig 1

8 hour glass units



Triangle Squares
make 4



Triangle Squares
make 4

Fig 2



Fig. 3



Hour Glass Units
make 8

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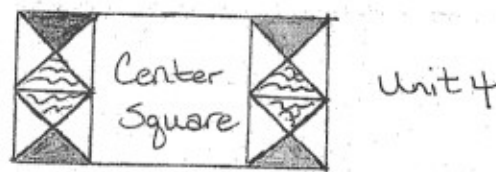
Step 5 Sew 2 Hourglass Units together, matching Fabric B triangles to make Unit 2. Make 4 Unit 2's.



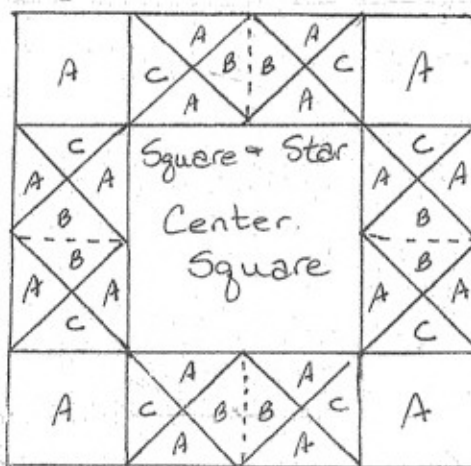
Step 6 Sew 1 Unit 2 and 2 small Fabric A squares together to make Unit 3. Make 2 Unit 3's.



Step 7 Sew Center Square and 2 Unit 2's together to Make Unit 4.



Step 8 Sew 2 Unit 3's and Unit 4 together as shown in Block Assemble to complete Block.
Your block should measure 12 1/2" square.



Tips of the Month:

1. Wrap a small piece of plastic wrap around a spool of thread or a bobbin to keep the thread from unwinding.
2. Quick Binding Calculation:
 $(2 \times \text{length}) + (2 \times \text{width}) + 20 / 42 = \text{number of strips you will need.}$
 Multiply that by the width of the strips you will use to determine how many inches of fabric you will need.
3. Prevent interruptions in your sewing. Assemble all your supplies and place in your Sewing Apron to have them readily at hand.